

# HIGH 5 ROTATION FOR 8 PLAYERS



	NAME	1 <sup>st</sup> Quarter	2 <sup>nd</sup> Quarter	3 <sup>rd</sup> Quarter	4 <sup>th</sup> Quarter
1		REST	C	GA	REST
2		C	GA	REST	GD
3		GA	REST	GD	REST
4		REST	GD	REST	GS
5		GD	REST	GS	GK
6		REST	GS	GK	REST
7		GS	GK	REST	C
8		GK	REST	C	GA

\*For mixed gendered teams, boys must be written in the highlighted boxes

GA- GOAL ATTACK  
 GS- GOAL SHOOTER  
 C- CENTRE  
 GD- GOAL DEFENCE  
 GK- GOALKEEPER



## HIGH 5 ROTATION FOR 7 PLAYERS

	NAME	1 <sup>st</sup> Quarter	2 <sup>nd</sup> Quarter	3 <sup>rd</sup> Quarter	4 <sup>th</sup> Quarter
1		REST	GA	GD	REST
2		GA	GD	REST	C
3		GD	REST	C	GS
4		REST	C	GS	GK
5		C	GS	GK	REST
6		GS	GK	REST	GA
7		GK	REST	GA	GD

\*For mixed gendered teams, boys must be written in the highlighted boxes

GA - GOAL ATTACK  
 GS - GOAL SHOOTER  
 C - CENTRE  
 GD - GOAL DEFENCE  
 GK - GOAL KEEPER

## HIGH 5 ROTATION FOR 6 PLAYERS

	NAME	1 <sup>st</sup> Quarter	2 <sup>nd</sup> Quarter	3 <sup>rd</sup> Quarter	4 <sup>th</sup> Quarter
1		GA	GD	REST	C
2		GD	REST	C	GS
3		REST	C	GS	GK
4		C	GS	GK	GA
5		GS	GK	GA	GD
6		GK	GA	GD	REST

\*For mixed gendered teams, boys must be written in the highlighted boxes

GA - GOAL ATTACK  
GS - GOAL SHOOTER  
C - CENTRE  
GD - GOAL DEFENCE  
GK - GOAL KEEPER

## HIGH 5 ROTATION FOR 5 PLAYERS

	NAME	1 <sup>st</sup> Quarter	2 <sup>nd</sup> Quarter	3 <sup>rd</sup> Quarter	4 <sup>th</sup> Quarter
1		GS	GK	GA	C
2		GD	GS	GK	GA
3		C	GD	GS	GK
4		GA	C	GD	GS
5		GK	GA	C	GD

\*For mixed gendered teams, boys must be written in the highlighted boxes

GA - GOAL ATTACK  
GS - GOAL SHOOTER  
C - CENTRE  
GD - GOAL DEFENCE  
GK - GOAL KEEPER